

MARLBOROUGH BOOT CAMP



OUTDOOR WORKOUT

**TUESDAY & FRIDAY 6:15am – 7:00am
AT MARLBOROUGH RUGBY CLUB
STARTING TUESDAY 10TH APRIL**

**WEDNESDAY 1:00pm – 1:45pm
AT MARLBOROUGH BUSINESS PARK
STARTING 7TH MARCH**

TO JOIN OUR EMAIL LIST CONTACT
darren@mfit.org.uk or jan@whiting1.plus.com